

<b>Fecha</b>	<b>Hora</b>	<b>Temática</b>	<b>Coordinador</b>	<b>Enlace</b>
Lunes 11 de mayo	11:00 AM	Entrenamiento Funcional	Gustavo Adolfo León Chávez	<a href="https://us.bbcollab.com/guest/c1a457243d56425c92862cc2b9eb2d7c">https://us.bbcollab.com/guest/c1a457243d56425c92862cc2b9eb2d7c</a>
	4:00 pm	Estilos de vida saludable en familia	Sofía Rovira	<a href="https://us.bbcollab.com/guest/0a077071eab645888e06fe5c7bf2c2d0">https://us.bbcollab.com/guest/0a077071eab645888e06fe5c7bf2c2d0</a>
	6:00pm	Yoga	Isabel Cristina Vergara	<a href="https://us.bbcollab.com/guest/aaeba61acbbf4baa8270b2e85c09ae30">https://us.bbcollab.com/guest/aaeba61acbbf4baa8270b2e85c09ae30</a>
Martes 12 de mayo	3:00pm	Tertulia Literaria Poemas	Luis Alejandro Bedoya / Lizeht Paola / Carlos Domínguez / Viviana Caicedo	<a href="https://us.bbcollab.com/guest/e58c0654f530424b896b106eb6468b1c">https://us.bbcollab.com/guest/e58c0654f530424b896b106eb6468b1c</a>
	4:00 pm	Tertulia Musical	Profes de Música de las Sedes	<a href="https://us.bbcollab.com/guest/55881f08aa2b4849abb3fdce11308f6e">https://us.bbcollab.com/guest/55881f08aa2b4849abb3fdce11308f6e</a>
	6:00pm	Abdomen	Albeiro de Jesús Bedoya	<a href="https://us.bbcollab.com/guest/47d0b8f7a5b64a2e87f22f44386d2b4e">https://us.bbcollab.com/guest/47d0b8f7a5b64a2e87f22f44386d2b4e</a>
Miércoles 13 de mayo	11:00am	¿Cuál es el acertijo?	Practicantes IPS Universitaria	<a href="https://us.bbcollab.com/guest/fe03b4c432264c2b9cf3e1e4e7e32c15">https://us.bbcollab.com/guest/fe03b4c432264c2b9cf3e1e4e7e32c15</a>
	12:00 m	Entrenamiento Hit	Mario Amar	<a href="https://us.bbcollab.com/guest/ad67a57b0dce4e06989ff9a80ceb0c34">https://us.bbcollab.com/guest/ad67a57b0dce4e06989ff9a80ceb0c34</a>
	2:00 pm	Acompañamiento en casa a los adultos mayores	Ángela María Silva	<a href="https://us.bbcollab.com/guest/3c72d4190e0843fc8da668cc60bb075d">https://us.bbcollab.com/guest/3c72d4190e0843fc8da668cc60bb075d</a>
	3:00 pm	Papiroflexia "Construye con papel"	Practicantes IPS Universitaria	<a href="https://us.bbcollab.com/guest/c2ca25f3addf4cf3a6d85a5a34bd5d73">https://us.bbcollab.com/guest/c2ca25f3addf4cf3a6d85a5a34bd5d73</a>
	5:00 pm	Rumba	Johann Eulises Vélez	<a href="https://us.bbcollab.com/guest/46f4d67804b144b5938643084ab17877">https://us.bbcollab.com/guest/46f4d67804b144b5938643084ab17877</a>
Jueves 14 de mayo	4:00 pm	Ergonomía en el puesto de trabajo	ARL SURA	<a href="https://us.bbcollab.com/guest/4232f414f492497ca4777d3560b714ba">https://us.bbcollab.com/guest/4232f414f492497ca4777d3560b714ba</a>
	5:00 pm	Taller de Experiencias Significativas Deportivas Fútbol y Fútbol Sala	Docentes de Fútbol Sala Sede FUMC	<a href="https://us.bbcollab.com/guest/965ce0f7868b42abab94fca954d9fddb">https://us.bbcollab.com/guest/965ce0f7868b42abab94fca954d9fddb</a>

	6:00 pm	Taller de Experiencias Significativas Deportivas Voleibol	Docentes de Voleibol Sede FUMC	<a href="https://us.bbcollab.com/guest/426b9a40dfad432c8bd5c6cbed18a7dd">https://us.bbcollab.com/guest/426b9a40dfad432c8bd5c6cbed18a7dd</a>
	7:00 pm	Master Class Actividad Física	Docentes Actividad Física FUMC	<a href="https://us.bbcollab.com/guest/28b0668d2d294ba6b7fc1107cd292542">https://us.bbcollab.com/guest/28b0668d2d294ba6b7fc1107cd292542</a>
Viernes 15 de mayo	5:00 pm	Taller de Experiencias Significativas Deportivas Tenis de Mesa	Docentes Tenis de Mesa FUMC	<a href="https://us.bbcollab.com/guest/8ff9318145674801b4512bfbd4a0bf16">https://us.bbcollab.com/guest/8ff9318145674801b4512bfbd4a0bf16</a>
	6:00 pm	Taller de Experiencias Significativas Deportivas Baloncesto	Docentes Baloncesto FUMC	<a href="https://us.bbcollab.com/guest/1d8da19878ea42198a1b1316d76fb590">https://us.bbcollab.com/guest/1d8da19878ea42198a1b1316d76fb590</a>
	7:00 pm	Video Concierto	Docentes de Música FUMC	<a href="https://us.bbcollab.com/guest/47998c538d2248f5bef775b35fb821ea">https://us.bbcollab.com/guest/47998c538d2248f5bef775b35fb821ea</a>